



Head Start Breakfast Menu

March 2019

				1 Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk
4 Cheerios Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	5 Yogurt Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	6 Coco Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	7 Cream Cheese Bagel 100 % Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk	8 No School - - - - -
11 Coco Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	12 Cheerios Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	13 Rice Krispies Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	14 Yogurt Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	15 Blueberry Muffin 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk
18 Cheerios Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	19 Yogurt Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	20 Rice Krispies Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	21 Blueberry Muffin 100% Fruit juice Choice of 1% Unflavored Milk Unflavored Skim Milk	22 Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk
25 Coco Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	26 Blueberry Muffin 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk	27 Cream Cheese Bagel Fresh Fruit 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk	28 Yogurt Fresh Fruit Choice Of 1% Unflavored Milk Unflavored Skim Milk	29 Rice Krispies Fresh Fruit Choice Of 1% Unflavored Milk Unflavored Skim Milk

**Start your day off right
 Enjoy a FREE breakfast daily!!!**

More info...
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